



Grow

1800 558 268
sa@grow.org.au

Mental Health Support Group
Mondays 12.00 noon – 2.00pm
Held at the Navy Club
8 Chivell St, Elizabeth South SA 5112

KIDS CLUB

CRAFT GAMES SNACKS

Stories about God's Love

EVERY MONDAY

DURING SCHOOL TERM

3.10PM - 4.30PM

FREE

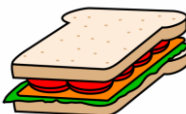
For school aged children only.

All Children must have appropriate forms filled out before they join in.

Held at the Navy Club

Contact 8252 9354 for more information

CHEZZAS CAFE



Monday to Friday
7:30am to 2:00pm

Come in and enjoy a
nice meal!

**Breakfast, Morning
tea and Lunch
available.**

Food available: Pancakes, Egg & Bacon
muffins, wraps, sandwiches, soups,
lunch time meals, etc.

@ Chezzas Cafe



Elizabeth South
Community Centre



Our community working together

What's happening?

Op Shop Opening Hours

Monday – 8:30am to 4.30pm
Tuesday – 8:30am to 4.30pm
Wednesday – 8:30am to 4.30pm
Thursday – 8:30am to 4.30pm
Friday – 8:30am to 4:30pm
Saturday – Closed
Sunday - Closed

Services Available:

Financial and Relationship
Counselling Available upon request

Shop 16,

Elizabeth South Shopping Centre
100 Philip Hwy, Elizabeth South

Call 8252 9354 for more information
Email: elizabethsouthcc@hotmail.com



@ Elizabeth south community
centre & op shop

Monday Morning



10.00am - 12.00noon
Mondays

Come and enjoy a game of Cards, Uno, Chess, Yahtzee, Dominoes, & other table games.



Women & Men Welcome



Outside of the Op Shop

Computer Corner

Thursdays 10am – 12noon



**ALL
WELCOME!**

Computer lessons for
beginners.

Learn to use a
computer, emails, and internet, write
letters, or even create websites in a
relaxed social setting.

Lessons at the Op Shop

Donations WELCOME

ESCC welcome any donation of
clothing, bric-a-brac, furniture,
and any other items in good
condition.

We can collect the donations if
transporting the item is difficult.

Contact – 8252 9354



Side by Side
NURTURE·EMPOWER·EDUCATE

Women's Group

**Monday FORTNIGHTLY
9:30AM to 11:00AM**

**Held at the Navy Club
8 Chivell St, Elizabeth South SA 5112**

The group aims to support women to
develop:

- ✓ Knowledge
- ✓ Strength
- ✓ Companionship
- ✓ Resilience
- ✓ Leadership
- ✓ Support Networks
- ✓ Empowerment

Call 8252 9354 for more information
Email: elizabethsouthcc@hotmail.com