

# Elizabeth South Community Centre

Community Newsletter  
September 2020

*Our community working together*



Do you have any suggestions to improve or make **your community** a better place to live in? We are keen to hear your feedback about the Op Shop, Chezza's Café and the programmes we have on offer this year.

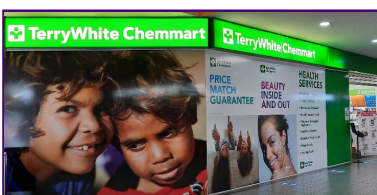
Covid19 has made it a challenging year, but our services and programs have been up and running since late July (Term 3). Our Op Shop and Café are now open and ready to serve you. The Kids Club and the Side-by-Side women's group are getting good numbers once again. **Thank you** to all the dedicated volunteers and community members who have supported the Elizabeth South Community Centre during these difficult times. The Centre could not exist without all your kindness, hard work, commitment, donations and participation

We have started up two new programs: Monday morning **Cards & Board Games**; and Thursday morning **Computer Classes**. Both activities are drop-in and so there is no need to book. They start at 10am and go until midday.

**Come along, have some fun, and make new friends.**

From 21 August, the South Australian Government has requested that organisations have **COVID Marshals**. All of our COVID Marshals have completed the prescribed SA Health COVID marshal training and their role is to ensure that our **COVID Safety Plan** is implemented as best as possible. If you have any questions or concerns about our COVID Safety Plan when you are at the Centre, then speak to one of our COVID Marshals who will have name tags for you to easily identify.

We at the Elizabeth South Community Centre hope that the remainder of 2020 is safe and that everyone in South Australia can experience **Peace, Joy and Happiness**.



Thank you [Terry White Chemmart, Elizabeth South](#) for your ongoing support of the community work at the Elizabeth South Community Centre.

## Women's Group



NURTURE-EMPOWER-EDUCATE

*Monday FORTNIGHTLY*

*9:30AM to 11:00AM @ at the Navy Club  
8 Chivell St, Elizabeth South SA 5112*

The aim of the Women's group is to support women to develop:

- ✓ Knowledge
- ✓ Strength
- ✓ Companionship
- ✓ Resilience
- ✓ Leadership
- ✓ Support Networks
- ✓ Empowerment

## "empowering people"



# Grow

1800 558 268  
sa@grow.org.au

**Mental Health Support Group**  
**Mondays**  
**12.00 noon – 2.00pm**  
**Located @ The Navy Club**  
**8 Chivell St, Elizabeth South**

## "Working Together To Build A Stronger Community"



**EVERY MONDAY @ 3:10pm—4:30pm**  
*(During school term)*

The Kids club is **FREE** and provides the children with fruit and a flavoured milk!

***Now located at The Navy Club: 8 Chivell Street, Elizabeth South!***

**For School aged children**

**5 - 12 Years ONLY**

**All Children must have appropriate paper work filled in before joining in the fun!**



*Chezza's Café—Healthy food prepared by volunteers*



**Monday to Friday  
7:30am to 2:00pm**

**Come in and enjoy a nice  
meal!**

**Breakfast, Morning tea and  
Lunch available.**



**Follow us  
@ Chezzas Cafe**

Food available: Pancakes, Egg & Bacon muffins, wraps, sandwiches, soups, lunch time meals, etc.

*“Working Together To Build A Stronger Community”*



**Monday Morning**

*10AM- 12noon @ the Op Shop*

*Come and enjoy board game or game of cards and make new friends!*

**Computer Corner**

**Basic Computing teaching program**

**Thursdays @ 10:00 AM—12 noon @ the Op Shop**



*Op Shop update*

**Our Op Shop now sells furniture items. For those that do not have transport, we now offer furniture deliveries on Tuesdays and Thursdays! Thank you to volunteers Greg and Jeni for helping with deliveries.**



**Furniture donations are also welcomed. We can organise pick up of furniture items free of charge. Please call us on  **8352 9354** to arrange a time.**

## New faces at the Elizabeth South Community Centre

**Pauline** is volunteering by helping out in administration. Pauline is now retired and enjoys volunteering after previously working in schools, with the Department of Correctional Services, and TAFE. She is originally from the country and enjoys reading, walking and researching her family tree. Pauline has 3 children , 6 grandchildren and the 7th grandchild is due the day after Christmas.



**Bev** is volunteering by helping out in the Café . She has been married 38 years, has two children and 1 grandchild. Bev has worked with the Navy, Sheffield Wednesday FC in England, and in catering. She is enjoying her time at Elizabeth South Community Centre and Northern Communities of Hope.

**Jeno** is volunteering by helping out with deliveries. Jeno and Greg make a great delivery team and always place customers first. He has worked as a courier and has also volunteered with other community centres in the Elizabeth area. Jeno has three children who are now men and he has four grandchildren.



**Rodney** is currently studying a Master of Social Work at Flinders University, and is doing a 5 month placement with us. Rodney has started a weekly: Monday Morning boards and card games group between 10AM and 12noon, & Thursday Morning Computing lessons between 10AM and 12noon. He has also been assisting with our Kids Club, the Youth Drop-in, the Op Shop & administration.

## How can you help the Elizabeth South Community Centre

We are always seeking new volunteers at our Centre, as well as donations as our centre is a non-profit organisation. If you would like more information contact Bryan Sellars (Centre Manager) on our office phone 8252 9354.

ESCC Centre is a non-profit organisation that relies on donations and grants. If you would like to contribute financially, you can do so by

EFT to: Name: ESCC BSB: 105 121

Acc no: 099 464 440

Ref: Surname, Initials



Contact us by phone on 8252 9354 or Email us at [elizabetsouthcc@hotmail.com](mailto:elizabetsouthcc@hotmail.com) or Visit us at Shop 16, 100 Philip Highway, Elizabeth South. [www.elizabetsouthcc.weebly.com](http://www.elizabetsouthcc.weebly.com)

For more information or assistance contact the Elizabeth South Community Centre manager, Bryan Sellars on 0438 844 273

Follow us on Facebook [@ Elizabeth South Community Centre & Op Shop](https://www.facebook.com/ElizabethSouthCommunityCentreOpShop)

